Tentative Scheduled Activities
Week of 10/19/26 – 10/24/26

M - Th - 9:00 – 3:00
Fri. - 9:00 - 2:00
CLOSED Sat & Sun
https://mj55activitycenter.org
https://www.facebook.com/MTJSAC

Make a donation to support MJSAC

Monday, 10/19/26
Chick-Fil-A
9:00 – 9:45 Enhanced Fit (LIVE-Lg Room)
9:00 – 12:00 Bridge (Card room)
9:30 – 12:00 Knit & Crochet (Sewing Room)
10:00 – 11:00 Choir (Music Room)
11:00 - 12:00 LUNCH & LEARN Scott Maulsby
11:00 - 11:30 Lunch MOW (Lg Room)
11:30 – 12:30 Bravo Theater (Music Room)
12:00 – 3:00 Bid Euchre (Card Room)
12:00 – 3:00 Dominoes (Court Room)
12:00 - 3:00 Chess (2nd Game Room)
12:00 - 3:00 Organized Games (Art Room)
12:15 - 1:15 Mat Yoga- (Lg Room)
1:00 - 2:30 Ukulele
1:30 - 2:30 Let's Dance

Tuesday, 10/20/26
9:00 – 9:45 Aerobic Exercise (YouTube-Lg Rm)
9:00 12:00 NEW Mahjong for Beginners (Card Room)
9:00 – 12:00 Advanced Mahjong (2nd Game Room)
9:00 1:00 Sit & Sew
10:00 – 10:50 Tai-Chi (Beginners) (Lg Room)
10:00 – 11:50 Dulcimers (Music Room)
11:00 – 11:30 Lunch MOW (Lg Room)
11:30 - 12:30 Sing Along (Lg Room)
12:00 - 1:30 Mahjong for Beginners (2nd Card Rm)
12:00 - 3:00 Bid Euchre (Card Room)
12:00 – 2:00 Painting Group (Art Room)
12:00 - 1:30 Beginners Ukulele Class (Music Room)
1:30 - 3:00 Mahjong for Intermediate
1:00 – 1:50 (Chair) Yoga (Lg Room)
2:00 – 2:50 Ultra Beginner Line Dancing

Wednesday, 10/21/26
Chick-Fil-A
9:00 – 9:45 Enhanced Fit (LIVE-Lg Rm)
9:30 – 12:00 Knit & Crochet (Sewing Rm)
9:30 – 11:30 Hand & Foot Card Group (Card Rm)
10:00 Bible Reading/ Prayer (Art Rm)
10:00 – 11:00 Line Dancing (Lg Rm)
11:00 – 11:30 Lunch MOW (Lg Rm)
12:00 – 12:50 BINGOcize (Lg Rm)
12:00 - 2:30 Chess (2nd Game Rm)
12:00 - 2:30 Organized Games (Art Rm)
12:30 - 3:00 Bridge (Card Room) 1st, 3rd 4th & 5th Weds
1:00 - 2:30 Ukulele
1:00 - 3:00 BUNCO (Court Rm)
1:00 – 1:50 SAIL Exercise Class (Lg Rm)
2:00 - 2:45 Dance Fit (Lg Rm)

Thursday, 10/22/26
9:00 – 9:45 Aerobic Exercise (YouTube- Lg Room)
9:00 - 12:00 NEW Mahjong Beginners (Card Rm)
10:00 – 10:50 Tai-Chi (Intermediate)- Lg Room
10:00 Book Club – (Art Room)
11:00 - 11:30 Lunch MOW (Lg Room)
11:30 - 12:20 Arthritis Exercise Class (Lg Room)
12:00 - 2:30 Chess (2nd Game Room)
12:00 3:00 Organized Games (Card Room)
12:30 – 1:20 SAIL Exercise Class (Lg Room)
1:30 – 2:30 (Chair) Yoga (Lg Room)

Friday, 10/23/26
Chick-Fil-A
9:00 – 12:00 Quilting (Sewing Room)
9:30 – 10:20 Bingocize (Lg Room)
10:30 - 11:15 Arthritis Exercise Class (Lg Room)
11:00 Blood Pressure Check (Equip Rm)
11:30 – 12:00 Lunch- MOW (Lg Room)
12:00 2:30 Organized Games (Card Room)
12:00 – 1:00 Bingo- Sponsor- Maristone
1:00 – 3:00 Play Practice

Saturday, 10/24/2026
YARD SALE 8am – 1pm

October 2026
15th – 22nd Trip to Ireland
19th Lunch & Learn- Maulsby
24th 8am – 1pm YARD SALE!!
26th Lunch & Learn –
1 Care Concept Solutions
29th Beginning Quilting Class Limit 6 people
29th Sweet Tooth Auction
31st Halloween

November 2026
Starting Nov 2 NEW Water Color Art Class Every Mondayin Nov. MUST Sign up! LIMITED SPACE $10
4th SHIP –Medicare Advisors Free and NON-BIAS Comparisons
4th 10am Collette Info on Italy Trip!
5th Myster Lunch
6th A Day in France -Play