Tentative Scheduled Activities
Week of 11/2/26 – 11/6/26

M - Th - 9:00 – 3:00
Fri. - 9:00 - 2:00
CLOSED Sat & Sun
https://mj55activitycenter.org
https://www.facebook.com/MTJSAC

Make a donation to support MJSAC

Monday, 11/2/26
Chick-Fil-A
9:00 Bus Choir perform –
9:00 – 9:45 Enhanced Fit (VIDEO)
9:00 – 12:00 Bridge (Card room)
9:30 – 12:00 Knit & Crochet (Sewing Rm)
10:00 – 11:00 Choir (Music Room)
11:00 - 11:30 Lunch MOW (Lg Rm)
Gentiva Educational Seminar Volunteers for Hospice
11:30 – 12:30 Bravo Theater (Music Rm)
12:00 - 2:00 *NEW* Water Color Class RSVP Only (Art Rm)
12:00 – 3:00 Bid Euchre (Card Rm)
12:00 – 3:00 Dominoes (Court Rm)
12:00 - 3:00 Chess (2nd Game Rm)
12:00 - 3:00 Organized Games (Art Rm)
12:15 - 1:15 Mat Yoga- (Lg Rm)
1:00 - 2:30 Ukulele
1:30 - 2:30 Let's Dance

Tuesday, 11/3/26
9:00 Bus Choir perform -1st week ONLY
9:00 – 9:45 Aerobic Exercise (YouTube-Lg Rm)
9:00 12:00 Mahjong for Beginners (Card Rm)
9:00 – 12:00 Advanced Mahjong (2nd Game Rm)
9:00 1:00 Sit & Sew
10:00 – 10:50 Tai-Chi (Beginners) (Lg Rm)
10:00 – 11:50 Dulcimers (Music Rm)
11:00 – 11:30 Lunch MOW (Lg Rm)
11:30 - 12:30 Sing Along (Lg Rm)
12:00 - 3:00 Bid Euchre (Card Rm)
12:00 – 2:00 Painting Group (Art Rm)
12:00 - 1:30 Beginners Ukulele Class (Music Rm)
1:30 – 3:00 Mahjong Intermediate
1:00 – 1:50 (Chair) Yoga (Lg Rm)
2:00 – 2:50 Ultra Beginner Line Dancing (Lg Rm)

Wednesday, 11/4/26
Chick-Fil-A
Welcome SHIP- Must Pre Register on Activity Board
9:00 – 9:45 Enhanced Fit (LIVE-Lg Rm)
9:30 – 12:00 Knit & Crochet (Sewing Rm)
9:30 – 11:30 Hand & Foot Card Group (Card Rm)
10:00 Collette Travel Info On Trip to Italy (Art Rm)
10:00 Bible Reading/ Prayer (*In Court Rm TODAY)
10:00 – 11:00 Line Dancing (Lg Rm)
11:00 – 11:30 Lunch MOW (Lg Rm)
12:00 – 12:50 BINGOcize (Lg Rm)
12:00 - 2:30 Chess (2nd Game Rm)
12:00 - 2:30 Organized Games (Art Rm)
12:30 - 3:00 Bridge (Card Room) 1st, 3rd 4th & 5th Weds
1:00 - 2:30 Ukulele
1:00 – 1:50 SAIL Exercise Class (Lg Rm)
2:00 - 2:45 Dance Fit (Lg Rm)

Thursday, 11/5/26
9:00 – 9:45 Aerobic Exercise (YouTube- Lg Rm)
9:00 - 12:00 Mahjong Beginners(Card Rm)
10:00 Bus Leaves for Mystery Lunch
10:00 *NEW* Beginners Quilting
10:00 – 10:50 Tai-Chi (Intermediate)- Lg Rm
11:00 - 11:30 Lunch MOW (Lg Rm)
11:30 - 12:20 Arthritis Exercise Class (Lg Rm)
12:00 - 2:30 Chess (2nd Game Rm)
12:00 3:00 Organized Games (Card Rm)
12:30 – 1:20 SAIL Exercise Class (Lg Rm)
1:30 – 2:30 (Chair) Yoga (Lg Rm)

Friday, 11/6/26
Chick-Fil-A
9:00 – 12:00 Quilting (Sewing Rm)
9:30 – 10:20 Bingocize (Lg Rm)
10:30 - 11:15 Arthritis Exercise Class (Lg Rm)
11:00 Blood Pressure Check (Equip Rm)
11:30 – 12:00 Lunch- MOW (Lg Rm)
12:00 2:30 Organized Games (Card Rm)
12:00 – 1:00 Bingo- Sponsor- (Court Rm)Rutland Place
1:15 "A Day in France" Production

November 2026
2nd - 5 NEW WaterColor Art Classes Every Monday in Nov. *MUST REGISTER*! LIMITED SPACE $10
4th SHIP –Medicare Advisors Free and NON-BIAS Comparisons Must Pre sign up on Activity Board
4th 10am Collette Info on Italy Trip!
5th Mystery Lunch
6th A Day in France –A 2 Act Play
10th NEW Flower Arranging Class Sign up on Activity Board
11th MJ55+ CLOSED Veteran's Day
12th Quilt Supply Store / Lunch Trip
13th Honor our Veteran's Quilt of Honor Ceremony All Welcome!
16th Lunch & Learn – Scott Maulsby & Friends
18th Music for Seniors
26th -27th MJ55+ CLOSED for Thanksgiving